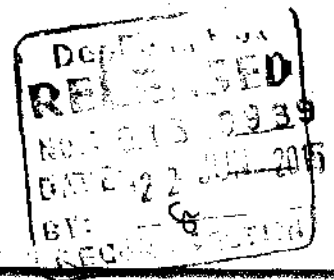




Republic of the Philippines
DEPARTMENT OF EDUCATION
 Region VII, Central Visayas
SCHOOLS DIVISION OF NEGROS ORIENTAL
 Capitol Area, Dumaguete City



June 20, 2015

MEMORANDUM TO:

HERMAN JANUAR B. CARBALLO
 Federated PTA President
 Division of Negros Oriental

PEDJETO JOB D. PANOY
 Federated PTA President
 Siaton East District, Division of Negros Oriental

SEMINAR WOKSHOP ON SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP)

1. Attached is *Regional Memorandum No. 337 s. 2015 re: SEMINAR WORKSHOP ON SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP), on July 7-10, 2015 at ECOTECH Center, Sudlon, Lahug, Cebu City.*
2. *In this regard, you are hereby directed to attend the said Seminar Workshop.*
3. *For more details, refer to the attached communication.*
4. *Travelling expenses and other incidental expenses relative to the attendance to the said activity is chargeable against Division funds, subject to the usual accounting and auditing rules and regulations.*

SALUSTIANO T. JIMENEZ, LL.B., CESO VI
 Schools Division Superintendent



REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City



JUN 11 2015

REGIONAL MEMORANDUM
No. 337 s. 2015

D. G. / nhs

SEMINAR WORKSHOP ON SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP)

To: Schools Division/City Superintendents
Officers-in-Charge of Regular and Interim Divisions

1. Attached is a letter from Dr. Ella Cecilia G. Naliponguit, Director of Health and Nutrition Center (HNC) DepEd Central Office, re: conduct of a National Seminar Workshop on Systematic Training for Effective Parenting, which is self-explanatory.
2. You are further requested by this Office to send and furnish a copy of the names of attendees to the ESSD aside from sending it to the HNC on or before June 20, 2015.
3. For immediate dissemination.

Juliet A. Jeruta
JULIET A. JERUTA
Director III
Officer-In-Charge
JB

ESSD
JA/ty/nam/15

Regional Director's Office: Tel. nos.: (032) 231-1433; 231-1309; Telefax 414-7399; 414-7325; Asst. Regional Director's Office Telefax: (032) 255-4542;
Field Effectiveness Division: (032) 414-7324; Curriculum Learning Materials Division (032) 414-7323;
Quality Assurance and Accountability Division: (032) 231-1071; Resource Mobilization and Special Programs and Projects Division: (032) 254-7062;
Training and Development Division: (032) 255-5239 loc. 112; Planning, Policy and Research Division: (032) 233-9030; 414-7065;
Administrative Division: (032) 414-7326; 255-1313; 414-7366 414-4367; Budget and Finance Division: (032) 256-2373; 253-8061; 414-7321
Website: <http://www.deped7.com.ph>

"EFA 2015: Karapatan ng Lahat, Pananagutan ng Lahat"



Republic of the Philippines
Department of Education
HEALTH AND NUTRITION CENTER



Office of the Director

28 May 2015

Dr. JULIETA A. JERUTA
 OIC, Regional Director
 DepED Regional Office VII
 Lahug, Cebu City

Dear Dr. Jeruta:

This is to inform you that the Health and Nutrition Center (HNC), will conduct a Seminar Workshop on Systematic Training for Effective Parenting on July 7-10, 2015 at Ecotech Center, Cebu City. The seminar workshop aims to:

1. Orient the participants on Systematic Training for Effective Parenting (STEP)
2. Discuss the roles of parents in drug abuse prevention and control program
3. Formulate action plan for STEP.

In this connection, may we request the following to attend the seminar workshop:

- Regional Office - one (1) National Drug Education Program (NDEP) Coordinator
- Division Office- one (1) NDEP Coordinator of Cebu City
- PTCA President of the following Divisions:

Division	No. of Pax
Bais	1
Bayawan	2
Bohol	2
Cebu Province	2
Cebu City	2
Davao City	2
Dumaguete City	2
Guilhungan City	2
Lapulapu City	2
Mandaue City	2
Negros Oriental	2
Tagbilaran	1
Talisay	1
Tanjay	1

Traveling expenses of the participants shall be downloaded to the Regional Office and Division Offices. Arrival and registration will be on July 7, 2015 at 2:00 PM and check out will be on July 10, 2015 after breakfast. May we request the names of the attendees to be submitted to us soonest by fax to (02) 632-9935 or email at hnc.health@yahoo.com

Should you have any concern, please contact Ms. Girlie Azurin, Education Program Specialist II at tel. no. (02) 632-9935 or cp no. 09198132519/09323454942.

Attached is the program of activities for ready reference.

Thank you and warmest regards.

Very truly yours,


ELLA CECILIA G. NALIPONGUIT, MD, CESO
Director III, Health and Nutrition Center

SEMINAR-WORKSHOP ON SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING

July 7-10, 2015

Ecotech Center, Cebu City

PROGRAM OF ACTIVITIES

July 7, 2015 - Day 1

PM

- 2:00-3:00 - Registration of Participants
- 3:00-3:30 - Break
- 3:30-4:00 - Opening Program
- 4:00-5:00 - Orientation on the Mechanics of the Seminar Workshop Levelling of Expectations
- 5:00-6:00 - Government Efforts to Address the Drug Problem
- 6:00-7:00 - Dinner

July 8, 2015 - Day 2

AM

- 7:45 -8:00 - Preliminary Activities
- 8:00-9:00 - Drug Situation Update (Local and National Scenario)
- 9:00-10:00 - Medical Aspects of Drug Abuse
- 10:00-10:30 - Workshop 1: Discovering Oneself As A Parent
- 10:30-11:00 - Presentation of Workshop 1

WORKING BREAK

- 11:00-12:00 - Building Self-Esteem

- 12:00-1:00 - **LUNCH BREAK**

PM

- 1:00-2:00 - The Family Drug Abuse Prevention Program of the Government

SEMINAR-WORKSHOP ON SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING
July 7-10, 2015
Ecotech Center, Cebu City

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- 12:00-1:00 - **LUNCH BREAK**

PM

- 1:00-2:00 - The Family Drug Abuse Prevention Program of the Government

2:00-3:00 - Stages of Man's Social & Psychological Development

WORKING BREAK

3:00-4:00 - Responsible Parenthood

4:00-5:00 - Communicating With Your Child

5:00-6:00 - Film Showing

6:00-7:00 - DINNER

July 9, 2015 - Day 3

AM

7:45-8:00 - Preliminary Activities

8:00-9:00 - Understanding Children's Behavior and Misbehavior

9:00-10:00 - Natural and Logical Consequences: A Method of Discipline that Develop Responsibility

10:00-11:00 - Role of Parents on Drugs Abuse Prevention and Intervention

11:00-12:00 - Salient Features of RA 9165

12:00-1:00 - **LUNCH BREAK**

PM

1:00-2:00 - Family As An Institution

2:00-3:00 - Action Plan

WORKING BREAK

3:30-4:00 - Presentation of Action Plan

4:00-5:00 - Closing Program

5:00-6:00 - Dinner

July 10, 2015 - Day 4

HOME SWEET HOME